

COVID-19 CLOSE CONTACT EXPOSURE RISK MANAGEMENT

ISOLATION

- Isolation is used to separate people infected with the virus from people who are not infected.
- In Gunnison County, isolation ends 10 days after symptom onset and will include being fever free for 24 hours and symptoms improving before ending isolation.

QUARANTINE

- Quarantine helps prevent the spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms.

CLOSE CONTACT

- Being within 6 feet of a person for 15 minutes or more.

VACCINATED INDIVIDUAL

- Individuals who have a documented complete COVID-19 vaccination series with at least two doses of Moderna or Pfizer vaccines with the required minimum interval and are at least 14 days after the second dose.



**HIGH
RISK**

IF YOU ARE A CLOSE CONTACT OF SOMEONE WHO TESTED POSITIVE FOR COVID-19 AND

You are **not** vaccinated, then

- Quarantine at home for at least 10 days.
- If you receive a negative test between days 5 and 7 of your quarantine, you may end your quarantine after day 7.

You are vaccinated, then

- You are not required to quarantine unless symptoms develop.
- If symptoms develop, you should immediately isolate and self-monitor for symptom resolution or the need for a COVID-19 test.



**LOW
RISK**

IF YOU WERE WEARING A MASK AND WERE IN THE SAME ROOM AS A SYMPTOMATIC INDIVIDUAL FOR UNDER 15 MINUTES

Practice social distancing, assess temperature and symptoms at home, and immediately isolate if symptoms develop.

IF YOU TRAVEL OUTSIDE OF GUNNISON COUNTY FOR OVER 24 HOURS AND

You are **not** vaccinated, then it is recommended that you

- Quarantine at home for at least 7 days.
- If you do not develop any symptoms, then you may end your quarantine after day 7.

You are vaccinated, then

- You are not required to quarantine unless symptoms develop.