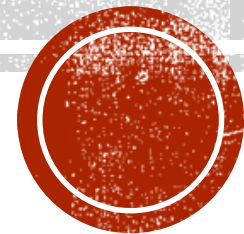


RESOURCES FOR BUSINESS & COMMUNITY

Business owners and employees: Toxic stress, mental health,
and other basic needs



BUSINESS CLIMATE

- Recent Business Survey Results report the following findings:
 - Nearly 50% of respondents indicate that morale has decreased in the work place since this time last year
 - Over 58% of business owners say their own mental health has declined since this time last year
 - 30% indicated that mental health resources for business owners/employees would be well received
 - Of businesses that serve alcohol, 3% report that sales remain the same, 7.5% says sales have declined, and 4.5% indicate those sales have increased
 - There were disproportionately few businesses who replied that serve alcohol in this round of the survey (85% indicated it was Not Applicable)



RESOURCES FOR TOXIC STRESS

- **GVH Peer Support Specialists**
 - Call a peer support specialist who personally has experienced a crisis and can help connect you to resources 970-596-8182
- **Crisis and counselling at Center for Mental Health**
 - Call this free, 24-hour support line if you are feeling stressed or anxious, or if you just need to talk with someone. 970-252-6220. A text line is also available. Text TALK to 38255 for free, confidential, professional support
- **Colorado Spirit Wellness Program**
 - The CO Spirit Wellness Program can help with immediate emotional support, stress reduction, and resiliency planning. The can also help you understand how your insurance does or doesn't cover mental health needs
 - This is a free support-line that is available from 8am - 6pm. Call 970-232-1147 or reach out by email to info@lfswellness.org. More info [here](#).



SCHOLARSHIP ASSISTANCE FOR MENTAL HEALTH & CHILDCARE

- Both GVH Peer Support Specialists and Crested Butte State of Mind can help connect individuals in need with scholarships for counselling services
 - These scholarships provide access to counselling resources for underinsured and uninsured people
 - **CBSOM** focuses on North Valley residents and GVH will provide resources to the Gunnison area
 - The funds are in transfer and notification will be provided when they are available for use with information on how to access
- Students in the Crested Butte Community Schools also have access to a peer referral system and counselling services
 - GCSAPP has launched this programming and is building the model
- Additional tuition assistance for childcare will be available via the City of Gunnison.
 - Interested parties should reach out to their childcare provider to see if resources are available. You can also contact Health and Human Services to learn more about childcare tuition assistance.



BUSINESS SPECIFIC MENTAL HEALTH RESOURCES

- [Restaurant After Hours](#) – providing mental health resources for the hospitality industry
- [Chefs with Issues](#) – a group dedicated to the conversation of mental health in hospitality industry
- [Ben's Friends](#) – support group for hospitality professionals dealing with addiction
- [I Got Your Back](#) – a wellness program for the peer-to-peer support in the hospitality industry
- And a friendly reminder that our local resources are available to business owners and employees alike
- Please consult the Community Resources page [here](#)



CO COVID RELIEF – SPECIAL SESSION

- State Legislature convened Special Session on 11/30/20. Expected to run through 12/2/20
- Expected to debate at least 8 proposed bills
- One-time unemployment benefit of \$375
- Small business funds to be dispersed to Counties and then routed to businesses
 - \$37 million in small business grants – prioritized sectors and prioritized by highest level of restriction
 - Grant allocations between \$3,500 – \$7,000 based on annual revenue
 - Must demonstrate 10% revenue loss due to pandemic
- Potential for sales tax deferral in prioritized sectors
 - Up to \$2,000 a month based on sales
- Additional support for rent/mortgage assistance programs, Early Childhood Education and Food Pantries

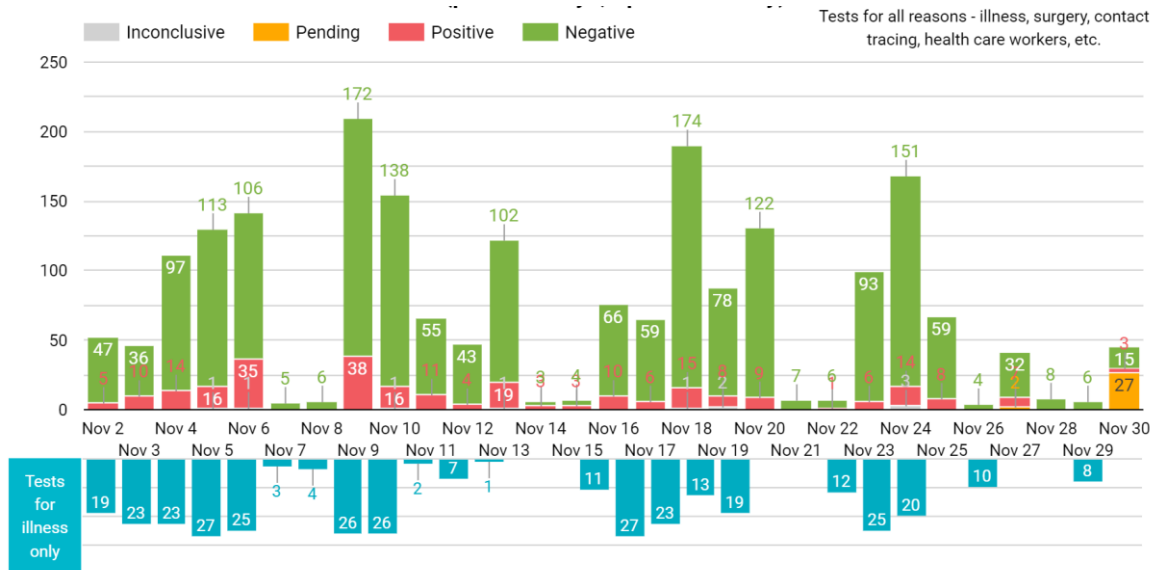


CO COVID RELIEF UPDATE

- We will provide more information (as it's known) to our businesses about the results of the special session at the State Legislature
- Please anticipate an update on statewide COVID relief in the 12/8 All Business Meeting



TESTING AND PUBLIC HEALTH UPDATE



- November Positives
- 235 Positive results since 11/1
- Over 44% of total positive cases throughout the pandemic
- Continue to experience 3 or more days in a 7-day period with 3 or more positives
- Positivity over 10% as of 11/30
- One over-night hospitalization last week. One hospitalization yesterday.

