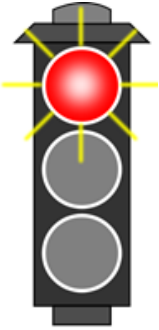


# Do Your Part to Slow the Spread

## If you have any of these symptoms:

- Fever greater than 100.4 °F
- New cough
- Difficulty breathing
- Extreme fatigue
- Sore throat
- Runny nose
- Diarrhea
- Loss of taste or smell

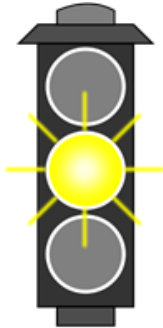


## Stay Safe and Isolate

- Call (970) 641-7660 to be screened for a test
- Isolate for 10 days from symptom onset and stay at home, except for medical care.
- For community resources, visit [covid19.gunnisoncounty.org](https://covid19.gunnisoncounty.org)
- Reach out to the delivery assistance hotline for assistance with groceries, prescriptions, etc. at (970) 641-7959
- Call 911 for a medical emergency

## If you have had contact\* with a confirmed positive case or someone experiencing symptoms

\*Contact is defined as being within 6 feet of a person for 15 minutes or more without both parties wearing a mask

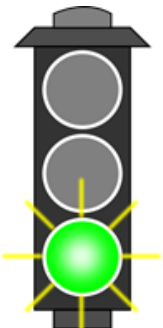


## Stay Home and Quarantine

- For 14 days regardless of symptoms
- Check your temperature twice a day
- Do not leave home except for medical care
- Monitor symptoms, new or worsening
- Reach out to the call center to be screened (970) 641-7660

## If you have not had any symptoms or contact with an individual who has tested positive

\*Minimize contact with others



## Stay Home, Wear a Mask, Social Distance, and Wash Your Hands

- Stay at home as much as possible
- Wear your mask in public
- Only go out for essential needs and travel
- Avoid groups
- Maintain 6 feet distance from others
- Wash your hands often
- Use hand sanitizer