

COVID-19 CLOSE CONTACT EXPOSURE RISK MANAGEMENT



ISOLATION

- Isolation is used to separate people infected with the virus from people who are not infected.
- People who are in isolation need to remain isolated until it's safe for them to be around others.
- In Gunnison County, isolation ends 10 days after symptom onset and will include being fever free for 24 hours and symptoms improving before ending isolation.

QUARANTINE

- Quarantine is a 14-day period intended to keep someone who might have been exposed to COVID-19 away from others.
- Quarantine begins when a person had last known exposure to a positive case.
- Quarantine helps prevent the spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms.
- In Gunnison County, quarantine can turn into required isolation.
- Receiving a negative test does not exempt you from your 14 day quarantine

CLOSE CONTACT

- Being within 6 feet of a person for 15 minutes or more without properly wearing a mask.

QUARANTINE AT HOME FOR 14 DAYS FROM EXPOSURE

If both parties were not wearing a face covering/mask properly and:

- Were exposed to a confirmed case
- Living at home with someone who tested positive
- Your intimate partner tested positive

PRACTICE SOCIAL DISTANCING, ASSESS TEMPERATURE AND SYMPTOMS AT HOME, AND IMMEDIATELY ISOLATE IF SYMPTOMS PRESENT

If both parties were wearing a mask properly, maintaining social distancing, and were in the same indoor environment (class, office, hospital waiting room) with a symptomatic individual for a short period of time (less than 15 minutes).



**HIGH
RISK**



**LOW
RISK**