GUNNISON VALLEY HEALTH COVIDSAFE FORUM
BEST PRACTICES FOR THE COMMUNITY AND BUSINESSES | JULY 15TH
Viruses vs. Bacteria

Viruses:
• Small particles of RNA
• More likely to float on air currents
• Need a host to survive

Bacteria:
• Large cells with DNA
• More likely to stick to surfaces
• Can grow on their own

Jodie Leonard, Infection Control Preventionist

<table>
<thead>
<tr>
<th>Common Condition</th>
<th>Common Cause</th>
<th>Are Antibiotics Needed?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bacteria</td>
<td>Bacteria</td>
<td>Virus</td>
</tr>
<tr>
<td>Strep throat</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Whooping cough</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>Urinary tract infection</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>Sinus infection</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>Middle ear infection</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>Bronchitis/ chest cold (in other wise healthy person)</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>Common cold/ runny nose</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>Sore throat (except strep)</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>Influenza</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>COVID-19</td>
<td>✓</td>
<td></td>
</tr>
</tbody>
</table>
Transmission

- Airborne & Droplet
  - Breathing
  - Coughing
  - Sneezing
- Contact / Touching
  - Mucous / secretions
  - Soon after someone else touched it
Reducing Risks

SMART Goals:
• Spatial distance
• Masks / Face-coverings
• Air exchanges / outside when allowable
• Restrict group sizes
• Time restrictions / keep close activities short
Mask Use

"I told him as an expert in the field I strongly recommend wearing it, but he just kept bringing up his rights."
Turn it into a song & dance

“She said don’t hand me no lines and keep your hands to yourself.”

- Georgia Satellites
  (and also the CDC)

“Like a drifter, I was born to walk alone.”

- Whitesnake
  (and also the CDC)
Creating a culture of cleanliness

Jake Parr, Environmental Services Director

• What the hospital is doing to keep our patients safe:
  • Lytbot
  • Clorox 360 disinfectant electrostatic sprayer
  • Microfiber cloths v’s paper towels
  • Daily infection control and ATP monitoring
Cleaning is everyone’s responsibility

- What cleaning supplies should I use?
  - Read directions of cleaning supplies carefully
  - Chemical disinfectants v’s household disinfectants
- How should I clean?
  - Two step process
High Touch Surfaces

High-Touch Surfaces You Should Disinfect Daily:

- Door knobs
- Table surfaces
- Hard dining chairs
- Kitchen counters
- Bathroom counters
- Door handles & knobs
- Faucets (faucet knobs)
- Counter tops
- Desks
- Door glass
- Door handles & edges
- Elevator buttons & doors
- Employee call phones
- Kiosk buttons
- Keyboards & mice
- Light switches
- Mail boxes
- Microwaves
- Paper towel dispensers
- Phones
- Podiums
- Printer/fax machines
- Refrigerator handles & doors
- Sink faucets & handles
- Stair rails

DON'T FORGET ABOUT:

- Break room areas (appliances, sinks, chairs & tables)
- Restrooms (restroom flush handles, toilet paper dispensers)

Routine cleaning and disinfecting of high-touch items is critical to ensure a clean, safe, and healthy environment. Employees and customers should also practice frequent hand washing to break the chain of infection on high-touch surfaces in your facility.

While we hope it will never be necessary, we are educated with the required protocols and processes should any pathogen outbreak occur within your facility.
Keeping Employees Safe
Chrissy Oliveri, Employee Health Nurse

- Employee Screening
- Interventions and protective measures to keep employees safe
- Effectiveness of interventions
THANK YOU.
ANY QUESTIONS?